



**Mahidol University**

**College of Sports Science  
and Technology**

# CHIRAWAT PARATTHAKONKUN



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## EDUCATION

- PhD 2016 Mahidol University**  
Tropical Medicine
- MSc 2003 Mahidol University**  
Sports Science
- BSc 1997 Kasetsart University**  
Biology

## PROFESSIONAL EXPERIENCE

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### 2014 - PRESENT

#### Instructor

College of Sports Science and Technology  
Mahidol University, Thailand

### 2019 - PRESENT

#### Chairman of Bachelor of Arts in Exercise and Sports Program

College of Sports Science and Technology  
Mahidol University, Thailand

### 2016 - PRESENT

#### Special instructor

Faculty of Dentistry, Mahidol University  
Faculty of Physical Therapy, Mahidol University

### 2014 - PRESENT

#### Special instructor

The Department of Sports Science,  
Thammasat University

### 2008 - 2009

#### Deputy Dean for Student Affairs

College of Sports Science and Technology  
Mahidol University, Thailand

### 2006 - 2011

#### Mahidol University Quality Development (MUQD) internal auditor

# PUBLICATIONS

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## NATIONAL

Puangpet T, **Paratthakonkun C**, Soonthornworasiri N, Wattanapisit A, Arthan D. Situation and trend of Samut Sakhon Hospital visits among Thai and Myanmar patients between 2012 and 2016. *J Nakornping Hosp* 2017;8:33-48.

**Paratthakonkun C**, Chuanchaiyakun R, Widjaja W, Kaimuk P. Physiological responses to water intake of different temperatures during sitting in sauna room. *J Sports Med Assoc Thai* 2004;8(1):19-26

## INTERNATIONAL

**Paratthakonkun C**, Vimuttipong V, Nana A, Chaijenkij K, Soonthornworasiri N, Arthan D. Effect of crocodile blood supplementation on physical performances of delayed onset muscle soreness in healthy Thai male. *J Sport Health Sci* 2020, in press.

Sutthikornchai C, Popruk S, Mahittikorn A, Arthan D, Soonthornworasiri N, **Paratthakonkun C**, Feng Y, Xiao L. Molecular detection of *Cryptosporidium* spp., *Giardia duodenalis*, and *Enterocytozoon bieneusi* in school children at the Thai-Myanmar border. *Parasit Vectors* 2020, in press.

**Paratthakonkun C**, Soonthornworasiri N, Maneekarn P, Toraksa K, Zaw AP, WS Yan, Myint Thu SWY, Arthan D. Health risk behavior and associated factors among Myanmar migrant workers in Samut Sakhon Province, Thailand. *J Med Assoc Thai* 2020, in press.

Kaewprommal P, Promrak D, Samana J, **Paratthakonkun C**, Svasti J, Arthan D. (2019). Purification of a *Cocos nucifera* (coconut)  $\alpha$ -galactosidase and its biochemical characterization. Proceedings of the 14th International Symposium of the Protein Society of Thailand (p83), Maruay Garden Hotel. Bangkok, Thailand. 22nd - 23rd July 2019.

**Paratthakonkun C**, Kaewprasert S, Arthan D, Soonthornworasiri N, Prangthip P, Wongsutthilerd A, Pooudoung S, Chantaranipapong Y, Nakosiri W, Aroonual A, Chupeerach C, Tungtrongchitr R, Chanchai S, Nana A. Associations among serum folate, homocysteine, lipid profile, and eating habits in an elderly Thai population. *Int J Vitam Nutr Res* 2019;15:1-9.

Kyaw PP, **Paratthakonkun C**, Yaicharoen R, Nilkote R, Soonthornworasiri N, Prangthip P, Maneekan P, Zaw AP, Myint Thu SWY, Arthan D. (2018). Prevalence of intestinal parasite and related factors among school children in Suan Phueng Subdistrict, Ratchaburi, Thailand. Proceedings of the 3rd International Conference on Applied Science and Health (p4). Bangkok, Thailand: Yayasan Aliansi Cendekiawan Indonesia Thailand (Indonesian Scholars' Alliance)

**Chaunchaiyikul R**, Kongkhum S, Chaunchaiyikul S, Paratthakonkun C. Effect of intake of different water temperature on thermoregulatory responses during sauna exposure. *Adaptive Med* 2014;6(2):80-5.

## BOOK CHAPTER

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**Paratthakonkun C**. Nutrients and sports. In *Sports Science*. College of Sports Science and Technology Mahidol University, Bangkok: Media Press, 2005.

**Paratthakonkun C**. Handbook for a new Buddhist monk. 2nd edition. Chon Buri: Wat Palilayawan Monastery, 2002.

**Paratthakonkun C**. Phutthamonthon Ban Rao. [Sound recording]. Bangkok: PN studio, 2012.

## RESEARCH INTERESTS

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- Sports & Exercise Nutrition
- Physical activity
- Holistic Health Promotion
- Transformative learning