



KORNKIT CHAIJENKI

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EDUCATION

M.D., Faculty of medicine, Ramathibodi hospital, Mahidol University

Post-Graduate Training

Residency Department of orthopedic, Faculty of medicine, Ramathibodi hospital,
Mahidol University

IOC Diploma in Sports Medicine

FELLOWSHIP

Sports Medicine unit, Department of Orthopedic, Faculty of
medicine, Thammasart University

Erasmus Mundus scholarship academic staff exchange at University of Amsterdam,
The Netherlands

MEMBERSHIPS/AFFILIATIONS

- FIMS
- Royal College of Orthopaedic Surgeons of Thailand
- AO
- FIFA
- Thailand Orthopedic Society of Sport Medicine

SPECIALTIES

- Sports medicine
- Rotator cuff repair
- Knee ligament reconstruction
- Sports medicine
- Shoulder and knee arthroscopy
- Shoulder instability

SPECIALIST CONSULTANT AND TEAM PHYSICIAN

- Sport Authorities of Thailand
- Department of physical education

SPECIAL INTEREST

- Sport injuries prevention
- Surveillance of Sports injuries
- Return to play
- Sports Medicine

INTERESTED AREAS/RESEARCH

- Injury prevention, Sports injuries, Return to play

PROJECTS

- Injury and illness surveillance in the Thailand Taekwondo Olympic Team
Project manager: Asst. Prof Kornkit Chaijenkij, MD
- The Effect of a Corrective Exercise Program in Sepak Takraw Athletes with Low Functional Movement Screen Score and/or Asymmetry

PUBLICATIONS

NATIONAL PUBLICATION

1. Effects Of Exercising Posture On Heart Rate And Energy Expenditure In Pregnant Thai Women. Journal of Sports Science and Technology 2014; 14(1) Jul: 145-154.
2. Prakasit Sanguanjit, Chan Sangasoongsong, Chayanin Anghong, Kornkit Chaijenkit. Practical Guide for Obtaining Acceptable Metacarpophalangeal Angle in James' Position. The Thai Journal of Orthopaedic Surgery. 2006 ; 31(1) : 36-43.
3. Chayanin Anghong, Bancha Chernchujit, Adinun Apivatgaroon, Kornkit Chaijenkit, Poonyanat Nualon, Kanoknan Suchao-in The Anterior Cruciate Ligament Reconstruction with the Peroneus Longus Tendon: A Biomechanical and Clinical Evaluation of the Donor Ankle Morbidity. Journal Of the Medical Association Of Thailand, Vol 98, No 6
4. Kornkit Chaijenkit. Body Composition and Hematological Changes Following Ascents and Descents of extreme Altitude at Mt. Everest base camp in A Thai Elderly mountaineers. Journal of Sports Science and Technology 2016; 16(2) : 1-8
5. Nathasith Chutisira, Waree Widjaja, Metta Pinthong, Weerawat Limroongreungrat, Kornkit Chaijenkit. The Landing Error Scoring System between recreational and collegiate female athletes," is complete. Journal of Sports Science and Technology 2017; Dec
6. Thidarat Sangjan, Waree Widjaja, Metta Pinthong, Weerawat Limroongreungrat, Kornkit Chaijenkit. LANDING Error Scoring System For Screening Risk Scores Between Male And Female University In Students. Journal of Sports Science and Technology 2017; Dec
7. Look-IN C.; Pinthong M.; Chaijenkit K.; Pagaduan J LW. The Validity Of Chronojump System ® To Measure Vertical Jump. Journal of Sports Science and Technology. 2018;18:8-15.
8. Youngyuensin S.; Widjaja W.; Ajjimaporn A.; Chaijenkit K. Effect Of Modified High Intensity Circuit Training Program On Core Stabilizer, Quadriceps, Hamstrings And Deltoid Muscles Strength And Quality Of Life In Obese Women. Journal of Sports Science and Technology. 2019;19:133-45.

INTERNATIONAL PUBLICATION

- 1.Kanchanatawan W, Arirachakaran A, Chaijenkij K, Prasathaporn N, Boonard M, Piyapittayanun P, et.al. Short-term outcomes of platelet-rich plasma injection for treatment of osteoarthritis of the knee. *Knee Surgery, Sports Traumatology, Arthroscopy*. 2015;24(5):1665-1677.
- 2.Arirachakaran A, Boonard M, Piyapittayanun P, Phiphobmongkol V, Chaijenkij K, Kongtharvonskul J. Comparison of surgical outcomes between fixation with hook plate and loop suspensory fixation for acute unstable acromioclavicular joint dislocation: a systematic review and meta-analysis. *European Journal of Ortho-paedic Surgery & Traumatology*. 2016;26(6):565-574.
- 3.Arirachakaran A, Boonard M, Chaijenkij K, Pituckanotai K, Prommahachai A, Kongtharvonskul J. A systematic review and meta-analysis of diagnostic test of MRA versus MRI for detection superior labrum anterior to posterior lesions type II-VII. *Skeletal Radiology*. 2016;46(2):149-160.
- 4.Arirachakaran A, Boonard M, Piyapittayanun P, Kanchanatawan W, Chaijenkij K, Prommahachai A, Kongtharvonskul J. Post-operative outcomes and complications of suspensory loop fixation device versus hook plate in acute unstable acromioclavicular joint dislocation: a systematic review and meta-analysis. *J Orthop Traumatol*. 2017 Dec;18(4):293-304
- 5.Chaijenkij K 17 Screening risk of lower limb injury during jump-landing between gender *Br J Sports Med* 2017;51:A8.

PROPOSAL RESEARCH

- 1.Prevalence And Risk Factors Of Sports-Related Injuries Requiring Surgery
- 2.Gluteus Medius Muscle Activities, Lateral Trunk Lean, And Pelvic Obliquity During Walking In Women With Medial Knee Osteoarthritis
- 3.Sports Injury and Illness Epidemiology: Thailand Asia Children of Asia Games Team (Team THAILAND) surveillance during the First Winter Children of Asia Games
- 4.Thai translation, validity and reliability of the OSTRC Questionnaire on overuse injuries and health problems
- 5.Incidence and characteristic of injuries during 44th Asian School Football Boys Under-18 Championship, South Korea
- 6.Injury surveillance and prevention of injuries in Thailand Taekwondo athlete

TEAM PHYSICIAN FOR THAILAND NATIONAL TEAM

1. SEA Games 2019 Philippines
2. Asian Games 2018 Jakarta Palembang
3. Sports clinic, Sports authority of Thailand
4. The Fourth Asian Beach Game were held in Phuket Island, Phuket Province, Thailand
5. 43 Asian School game U-18 At the People's Republic of China
6. Team physician of Taekwondo Association of Thailand for Preparation project for Olympic Games Tokyo 2020
7. Sea Games, Myanmar 2013
8. 11th Asian Para Games Incheon, South Korea
9. The exhibition boxing bout amateur and semi-annual international career in 2015
10. Women FIFA world Cup at Canada, 2015
11. SEA Games, Malaysia, 2017
12. The First Winter Children of Asia Games

TEAM PHYSICIAN OF THAILAND TAEKWONDO TEAM FOR

1. World Grand Prix, Mexico
2. Asian Qualification Tournament for Rio 2016 Olympic Games
3. 4th Asian Taekwondo Poomsae Championships
4. 22nd Asian Taekwondo Championships
5. 25th U.S. Open 2016 Taekwondo Championships
6. Qatar international Taekwondo Championships
7. 42nd Lotto Dutch Open Taekwondo Championships
8. 2015 WTF World Taekwondo Championships
9. 6th Australian Taekwondo Open (G2)

รางวัลที่ได้รับ

- ได้รับคัดเลือกให้เป็นพนักงานมหาวิทยาลัยดีเด่น ของวิทยาลัยวิทยาศาสตร์และเทคโนโลยีการกีฬา ม.มหิดล ประจำปี 2561
- รางวัลนักวิชาการดีเด่น เนื่องในวันกีฬาแห่งชาติ ประจำปี 2561 การกีฬาแห่งประเทศไทย
- ได้รับการเสนอชื่อเข้าชิงรางวัลนักวิชาการกีฬาดีเด่นวันกีฬาแห่งชาติ ประจำปี 2560 การกีฬาแห่งประเทศไทย